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| **Drill Lesson Plan** |
| Instructor:This Lesson should take \_\_30\_\_ Minutes |
| **TIME** | **REVIEW** | NOTES |
| 2-5 minutes | PO/E0 #Review Previous Lesson Material: N/A | It is a quick review, no teaching of any movements. Confirmation of knowledge |
| **TIME** | **INTRODUCTION** | **NOTES** |
| 3-5 minutes | State What the Cadet will Learn: Cadets will learn the Position of Attention, Ease and EasyDescribe why the movement is important to learn: This movement will be used before any other movement is observed or utilized, it is used to tell a troop that commands will be following shortly, to rest but be ready, or to relax slightly on paradeDescribe where and when the movement can be used:This movement is used in all aspects of drill at all times. Here, Summer Training and out in the field. Describe how the cadets will be assessed:You will be assessed on the completion of the movement with I call, you call and no call of the timing along with individual assessmentPlace the squad into the most appropriate formation:* 5-7 cadets = Line
* 7-13 cadets = L shape
* 13+ Hollow Square
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| **TIME** | **BODY** | **NOTES** |
| 4-8 minutes | Demonstrate the complete movement with the instructor calling time:* At this time you will do the complete movement from ease to attention back down to easy calling the timing. You will want to do it from the front, side and back to show all aspects of the movements, and to ensure all cadets can see it, dependant on class size.

Explain the movement:* Explain the details of the movements, at the same time break it into squads.
* Attention = Hands are at sides in fits with the thumbs going down the seam of the pants. Feet are open to a 45 Degree angle, enough to fit a boot in. Arms are straight to your sides and back is straight
* Ease = Feet are shoulder width apart with arms behind you resting on the small of your back. The left hand is the on the bottom with the right hand resting on top with the fingers straight forming a V
* Easy = hands move to the sides as if at attention but you are allowed to relax and do slight, not noticeable movements.

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 Explain the first part of the movement (squad 1):* Squad 1 = Explain the movement, going into some detail on why

Demonstrate the first part of the movement (squad 1):* Squad 1 = Do the movement, from different angles, showing front, side and back

Provide time for the squad/class to ask questions:Don`t spend a lot of time on it, and don`t get off topic from the class3-5 MinutesPermit practice of the first part of the movement (collectively, individually, collectively):At this point you have everyone do the movement at once a few times. After that you then go to each member and test them. After the individual testing you again, do the movement again\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Demonstrate the second part of the movement (squad 2): Start at squad 1 and go to squad two* Squad 2 = bring the foot down smartly beside the right foot. At the same time your hands will move from your back to your sides, going down the seam of your pants and back straight, head facing forward not moving.

4-6 MinutesExplain the second part of the movement (squad 2):* Squad 2 = Explain the movement in detail on common issues that arise

Demonstrate the second part of the movement (squad 2):* Do the movement, from different angles, showing front, side and back

Provide time for the squad/class to ask questions:* Don`t spend a lot of time on it, and don`t get off topic from the class

Permit practice of the first part of the movement (collectively, individually, collectively):3-5 MinutesAt this point you have everyone do the movement all at once a few times. After that you then go to each member and test them. After the individual testing you again, do the movement againDo the complete movement by squads.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Explain the third part of the movement (squad 3*): If applicable for the lesson, if not, continue on to testing*Demonstrate the third part of the movement:Provide time for the squad/class to ask questions:Include two complete demonstrations calling the timing.Go with the timing calling it from ease, to attention, back to easeAsk if they have any questions at this time |  |
| **TIME** | **END OF LESSON CONFIRMATION** | **NOTES** |
| 5-8 Minutes | Either in the lesson formation or in 3 ranks, tests the cadets on the entire movement. Complete 3-5 times the following while providing feedback:* Instructor calling timing
* Cadets calling the timing
* Cadets judging the timing
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| **TIME** | **CONCLUSION** | **NOTES** |
| 2-5 Minutes | Restate the movement taught (POEO Title)Where and when it will be used: restating the intro at this pointWhy it is important to have learned this movement: restating the introRe-motivate the cadets: be positive, don’t focus on individual cadets issuesComment on cadets’ progressDescribe the next lesson (POEO and Lesson Title) and who will be Instructing it.Dismiss |  |